

Najis things



ISTINJAA (PART 2)

Istinja (Arabic: استنجاء) is the Arabic term for cleaning away whatever has been passed from the urethra or anus with clean water and is standard practice for Muslims.

Redhill Jamia Mosque Al-Mustafa

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What are the parts which should be washed when doing

- 1 -Istinjaa is the study of toilet hygiene or how to go to the toilet as Muslims, its correct method or etiquette.
- 2 -Islam teaches us how to be modest and not shameless in all situations, even in the toilet.
- 3 -Islam teaches us how to be excellently clean too! Out of all the religions in the world, Islam is the one that is the cleanest and has the highest standard of cleanliness. Excellent hygiene is very important in Islam. Allah (swt) taught His Prophet ﷺ to teach us how to be clean. And since Allah is our Maker, we are certain that He knows best!
- 4 -We are not allowed to relieve ourselves in front of others. We have to be modest and not shameless like some people of other faiths.
- 5 -When we are at the toilet, we have to be extra careful. We must make sure to prevent our urine from splashing onto our clothing. We have to make sure that poo does not touch our clothing too.
- 6 -If we are certain that poo and urine are on our clothing, we have to get rid of them by washing or by wiping with wet wipes or other methods.
- 7 -If we are careless about our toilet hygiene, it is a sin. Sins indicate that we deserve punishment from Allah(swt). Allah (swt) loves us so

very much. He always wants to save us from punishment, illness and hurt. So, He set up rules for us to follow so that we can stay clean, safe and happy. So, let's try to be as clean as we can, in shaa Allah.

8 -When entering the toilet, we should step in with our left foot first.

9 -Du'aa when going into the Toilet



10 -Du'aa when leaving the Toilet



11 -Do not forget to leave the toilet with your right foot first!

- 12 -Sit down when you are urinating or defecating.
- 13 -Make sure you are not able to be seen by others when you are relieving yourself.
- 14 -Do not speak or read in the toilet.
- 15 -Do not face the Qiblah (the direction of Salah) nor sit with your back facing towards it.
- 16 -After you finish relieving yourself, perform Istinja" by using your left hand.
- 17 -Before you leave the toilet, wash your hands.
- 18 -Do not relieve yourself under a tree, or in a well, pool, river or dam. Or on a bone or dung.
- 19 -Some Muslims cover their heads with a cap, hat, cloth, or a scarf when they use the toilet. If anyone does that, following the example of those among the early generations who did it, then it is good manners and praiseworthy, in shaa Allah. But if a person does not do that, there is no blame on him and he is not doing anything makrooh, in sha Allah.

